

STUDY PROCEDURE

Title: “GLOBAL AUDIT OF TREATMENT OF REFRACTORY STATUS EPILEPTICUS”

Promoter Center: UCL Institute of Neurology, National Hospital for Neurology and Neurosurgery, Queen Square, London WC1N 3BG, Great Britain.

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1. Introduction and Background

Tonic–clonic status epilepticus is a medical emergency. Treatment is aimed at stopping seizures largely in order to avoid cerebral damage and other morbidity. All contemporary protocols take a staged approach to treatment. Typically, in Stage 1 (early status epilepticus), therapy is with benzodiazepines. If seizures continue despite this therapy, the patient is said to be in Stage 2 (established status epilepticus) and therapy is with intravenous anti-epileptic drugs such as phenytoin, phenobarbital or valproate. If seizures continue despite this treatment for up to 2 h, the patient is said to be in Stage 3 (refractory status epilepticus) and general anaesthesia is usually recommended, at a dose that results in EEG burst suppression (a level of anaesthesia at which all seizure activity is usually controlled). In most patients, this treatment regimen is sufficient to control the seizures. In some though seizures continue or recur. Super-refractory status epilepticus is defined as status epilepticus that continues or recurs 24 h or more after the onset of anaesthetic therapy, including those cases that recur on the reduction or withdrawal of anaesthesia. It was a term used first in the Third London-Innsbruck Colloquium on status epilepticus held in Oxford on 7–9th April 2011 (Shorvon and Trinka, 2011). In the series of 35 patients of Holtkamp et al. (2005), seven (20%) recurred within 5 days of tapering the anaesthetic drug and in all other studies at least 50% of those requiring anaesthesia will become super-refractory. From the published findings, it can be estimated that 15% of all the cases with status epilepticus admitted to hospital will become super-refractory. All neurologists are likely to be involved with the care of patients with refractory and super-refractory status epilepticus, or consulted by their intensivist colleagues about how best to proceed in this situation. The treatment of this issue is a terra incognita from the point of view of evidence-based medicine, yet a landscape where action is required. Refractory and super-refractory status epilepticus are serious conditions. The mortality rate is substantial, reported in various series between 30 and 50%. Yet, despite the fact that it remains an important clinical problem in all neurology centres worldwide, for many therapies, and treatment approaches, there is a remarkable lack of published data concerning effectiveness, safety or outcome. A great number of therapies are in current usage and the literature reporting these therapies has been reviewed recently (Shorvon and Ferlisi, 2011). The therapies considered include thiopental, pentobarbital, midazolam,

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propofol, ketamine, inhalational anaesthetics (isoflurane, desflurane), antiepileptic drugs (topiramate, lacosamide, pregabalin, levetiracetam), hypothermia, magnesium, pyridoxine, immunotherapy, ketogenic diet, emergency neurosurgery, electroconvulsive therapy (ECT), CSF drainage, vagal nerve stimulation and deep brain stimulation. This recent review point out that there is only one randomized or controlled study of any of these therapies (a trial comparing thiopental and midazolam). However, the trial required 150 patients for adequate power and recruited only 24 patients (Rosetti et al., 2011). Apart from this, the evidence base consists entirely of single case reports or small series. None of the widely recommended drugs or treatment approaches has been subjected to any sort of systematic review, despite their adoption worldwide. This is an unsatisfactory state of affairs. Assessing outcome of individual therapies is even more difficult due to the complete lack of controlled data, the fact that all super-refractory patients are on multiple therapies, the tendency for authors to report effects days after the therapy is started and which can therefore be difficult to securely attribute to the therapy (Ferlisi and Shorvon, 2012), and the fact that outcome fundamentally depends on the underlying aetiology, which differs in different studies (Neligan and Shorvon, 2010). The lack of evidence and the lack of outcome data in this situation require urgent remediation. Randomized or controlled studies that are sufficiently powered are not feasible in relation to the many therapies and treatment approaches discussed above. For this reason, we propose a multinational database of therapies used in refractory and super-refractory cases and their outcome. Only with such a database can evidence of effectiveness be gathered and progress made in this uncommon but difficult clinical situation.

2. Aim of the audit

The aim of a multinational audit is to collect data on the range of therapies used in the stage of refractory/super-refractory status epilepticus, the relative frequency of their usage and their outcome. Additional information will be collected about the etiology of status epilepticus. The aim is then to document what treatments of refractory status epilepticus are being used in clinical practise around the world, and also information on aetiology and outcome of this serious condition. The review will form the basis for the formulation of clinical guidelines and to point to areas of future research.

3. Inclusion Criteria

Case definition: Refractory status epilepticus is defined as ‘status epilepticus requiring general anaesthesia in an ITU setting’. Super-refractory status epilepticus is defined as those cases not responding to initial anaesthesia (see introduction for references).

4. Method:

Data will be collected on a multi-national basis by active surveillance. Doctors from different countries, involved in the care of patients with status epilepticus, will be asked to participate in the audit: every time they treat a patient with refractory/super-refractory status epilepticus (as defined above), they are asked to complete an online audit questionnaire forms. No patient personal identifiers (i.e. : name, surname) will be included, and the name of the hospital in which the patient is treated is also optional.

(a) Participants: Those who have agreed to participate are part of a worldwide study team. They are doctors involved in the care of patients with status epilepticus. They are asked to complete the online forms for all patients they encounter with refractory status epilepticus on a prospective basis.

(b) Active surveillance: Every month, each participant will be sent a standard email, asking if a case has been seen in the previous month. The doctor will be asked to click on a button marked 'Yes' or 'No'. If the answer is 'Yes' an online proforma will appear (see below) to be completed (which should take less than 5 mins to complete).

(c) Organisation: Centres are organized into national groupings, with lead contacts in each grouping to answer queries and to assist if required.

(d) Ethics approvals: As this is an audit, with no intervention of any sort by the study team and no collection of patient identifiers, in most countries there will be no need for ethics approval or patient consent. If ethics approval is required, the study team will assist in the completion of relevant forms.

(e) Written consent: If written consent is required (in most countries this is not required), and as the patients are by definition unconscious at time of first questionnaire, consent will be asked for in retrospect. If consent is then refused, the questionnaires will be destroyed and an email will be sent to SoSci Survey asking for deleting all the data referring to a particular ID.

5. Data collection:

Questionnaire 1 to be completed by the participating doctor (see attachment, Questionnaire 1). Then the doctor will receive after 2 weeks another mail, asking for the completion of short follow up

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questionnaires (see attachment, **Questionnaire 2-follow up**), until the patient is no longer on the ICU, when an outcome questionnaire is sent (**Questionnaire 3, see attachment**). Finally, a follow-up questionnaire will be sent after 3 and 6 months to be completed (see attachment, **Questionnaire 4**).

6. Confidentiality

The audit will not have access to the name or other patient identifier, nor the name of the hospital at which the patient was treated. It's responsibility of each participating doctor to keep a separate file containing patient personal data (name, surname, date of birth) and the patient's identification number (specific for each participating doctor).

7. Data management

All the data, collected in anonymised fashion through the on-line questionnaires, will be managed by SoSci Survey, Marinne-Brandt-Strabe 29, 80807 Munchen, a software package who created the online questionnaires. This software can also provide computation of descriptive statistics:

- Demographic data (% , stratified by status type)
- Details of status (% stratified by demographics)
- Range of treatments (stratified by duration/status type/demographics)
- Combinations of treatments (stratified by duration/status type/demographics)
- Time of treatments (% , stratified by status type)
- Outcome of treatments (stratified by duration/status type/demographics)

The data will not be released to any outside body or person, but will be retained only by the study team.

8. Access to data and data property:

Access to the study data is restricted to the members of the steering committee.

9. Publication policy

All doctors who contribute to the study will be recognised. Authorship will follow the policy of the Vancouver Protocols.

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References

Shorvon SD, Trinka E. Proceedings of the 3rd London-Innsbruck Colloquium on Status Epilepticus. *Epilepsia* 2011; 52 (Suppl 5).

Holtkamp M, Othman J, Buchheim K, Meierkord H. Predictors and prognosis of refractory status epilepticus treated in a neurological intensive care unit. *J Neurol Neurosurg Psychiatry* 2005; 76: 534–9.

Shorvon S, Ferlisi M. The treatment of super-refractory status epilepticus: a critical review of available therapies and a clinical treatment protocol. *Brain* 2011; 134: 2802–18.

Rossetti AO, Milligan TA, Vulliemoz S, Michaelides C, Bertschi M, Lee JW. A randomized trial for the treatment of refractory status epilepticus. *Neurocrit Care* 2011; 14: 4–10.

Neligan A, Shorvon SD. Frequency and prognosis of convulsive status epilepticus of different causes: a systematic review. *Arch Neurol* 2010; 67: 931–40.

Ferlisi M, Shorvon S. The outcome of therapies in refractory and super-refractory convulsive status epilepticus and recommendations for therapy. *Brain* 2012; 135: 2314-28.

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QUESTOINNAIRE 1

FIRST QUESTIONNAIRE

QUESTION	TYPE OF FIELD	EXAMPLE
SCREEN 1 - DEMOGRAPHICS		
Date	Calendar	1.1.2012
Name of doctor filling in form	Free text – but converted into number by computer	<i>John Smith</i>
Name of hospital	Free text – but converted into number by computer	<i>National Hospital, London</i>
Patient age	Age in years	16
	Months (if <1 year)	3
Country	Drop down menu - see (n) below	
Patient gender	Drop down menu – see (a) below	<i>Male</i>
SCREEN 2 – DETAILS OF STATUS EPILEPTICUS		
Prior history of epilepsy	Drop down menu – see [c] below	<i>Yes</i>
Cause of status epilepticus	Drop down menu – see (d) below	<i>Encephalitis</i>
Type of status epilepticus	Drop down menu – see (e) below	<i>Convulsive</i>
Duration of status epilepticus before any treatment	Drop down menu – see (m) below	<i><1 hour</i>
Duration of status epilepticus before first anaesthetic administered	Drop down menu – see (b) below	<i>More than 14 days</i>
SCREEN 3 – ANAESTHETICS		
First anaesthetic therapy used	Drop down menu – see (f) below	<i>Propofol</i>
Duration of use of first anaesthetic	Drop down menu – see (g) below	<i>1 day</i>
Second anaesthetic therapy used	Drop down menu – see (f) below	<i>Thiopental</i>
Duration of use of second anaesthetic	Drop down menu – see (g) below	<i>3 days</i>
Third anaesthetic therapy used	Drop down menu – see (f) below	<i>Midazolam</i>
Duration of use of third	Drop down menu –	<i>10 days</i>

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anaesthetic	see (g) below	
Fourth anaesthetic therapy used	Drop down menu – see (b) below	<i>Ketamine</i>
Duration of use of fourth anaesthetic	Drop down menu – see (c) below	<i>5 days</i>
SCREEN 4 - ANTIEPILEPTICS		
Antiepileptics and duration of therapy	Drop down menu – see (h) below	<i>Phenytoin – 3 days Phenobarbital - 5 days Topiramate – Still being treated with this drug</i>
Order of use of drugs	Drop down menu generated from answers in (h) – see (i) below	<i>1st Phenobarbital 2nd Phenytoin</i>
SCREEN 5 – OTHER THERAPIES		
Other therapies	Drop down menu – see (j) below	<i>Hypothermia Ketogenic diet Magnesium</i>
Duration of therapies	Drop down menu generated from answers in (j)– see (k) below	<i>Hypothermia – 10 days Ketogenic – Still being treated with this therapy Magnesium – one-off therapy</i>
Order in which tried	Drop down menu generated from answers in (j) - see (l) below	<i>1st Hypothermia 2nd Magnesium 3rd Ketogenic diet</i>

DROP DOWN MENUS

a	Male Female
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b	Less than 1 hour Less than 1 day Longer than 1 day Don't know
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c	Yes No Don't know
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d	Unknown (cryptogenic) Vascular (incl. stroke) Anoxic (incl. cardiac arrest) Trauma Acute encephalitis
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	Acute meningitis Other infection (specify – free text box) Alcohol Other toxins (specify – free text box) Metabolic (specify – free text box) Cerebral tumour Antiepileptic drug reduction/withdrawal Genetic/chromosomal (specify – free text box) Immunological – NMDA receptor Antibodies + Immunological – VGKA Antibodies + Immunological – Lupus (seropositive) Immunological – other (specify – free text box) Mitochondrial disease (specify – free text box) Other (specify – free text box)
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e	Convulsive (including tonic-clonic SE) Nonconvulsive (specify – free text box) Convulsive evolving to nonconvulsive Other (specify – free text box) Don't know
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f	Propofol Thiopental Pentobarbital Midazolam Ketamine Inhalational anaesthetics (specify – free text box) Other (specify – free text box) None Don't know
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g	Still being treated with this drug 24 hours or less 1-7 days 8-14 days More than 14 days (specify – free text box) Other (specify – free text box) Don't know
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h	Phenytoin Phenobarbital Valproate Levetiracetam Carbamazepine Clonazepam Clobazam Other benzodiazepine (specify – free text box)
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	Topiramate Lamotrigine Oxcarbazepine Pregabalin Gabapentin Zonisamide Lacosamide Retigabine Perampanel Vigabatrin Other (specify – free text box) None Don't know
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i	1 st 2 nd 3 rd 4 th 5 th 6 th Don't know (the list generated from answers to (h))
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j	Hypothermia Neurosurgery (specify type – free text box) Steroids IVIg Plasma exchange Ketogenic diet Electroconvulsive therapy (ECT), course of Vagal nerve stimulation (VNS) Transcranial magnetic stimulation (TMS). course of Other (specify – free text box) None Don't know
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k	Still being treated with this therapy On-off therapy 24 hours or less 1-7 days 8-14 days More than 14 days (specify – free text box) Other (specify – free text box) Don't know (the list generated from answers to (j))
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l	1 st 2 nd 3 rd 4 th 5 th 6 th Don't know (the list generated from answers to (j))
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m	1 hour or less 1-6 hours 6-12 hours 12-24 hour 1-7 days >7 days Other (specify – free text box) Not known
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n	193 = Afghanistan 355 = Albania 213 = Algeria 1684 = American Samoa 376 = Andorra 244 = Angola 1264 = Anguilla 672 = Antarctica 1268 = Antigua and Barbuda 54 = Argentina 374 = Armenia 297 = Aruba 61 = Australia 43 = Austria 994 = Azerbaijan 1242 = Bahamas 973 = Bahrain 880 = Bangladesh 1246 = Barbados 375 = Belarus 32 = Belgium 501 = Belize 229 = Benin 1441 = Bermuda 975 = Bhutan 591 = Bolivia 387 = Bosnia and Herzegovina 267 = Botswana
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55 = Brazil
1284 = British Virgin Islands
673 = Brunei
359 = Bulgaria
226 = Burkina Faso
95 = Burma (Myanmar)
257 = Burundi
855 = Cambodia
237 = Cameroon
8001 = Canada
238 = Cape Verde
1345 = Cayman Islands
236 = Central African Republic
235 = Chad
56 = Chile
86 = China
8061 = Christmas Island
9061 = Cocos (Keeling) Islands
57 = Colombia
269 = Comoros
682 = Cook Islands
506 = Costa Rica
385 = Croatia
53 = Cuba
357 = Cyprus
420 = Czech Republic
243 = Democratic Republic of the Congo
45 = Denmark
253 = Djibouti
1767 = Dominica
1809 = Dominican Republic
593 = Ecuador
20 = Egypt
503 = El Salvador
240 = Equatorial Guinea
291 = Eritrea
372 = Estonia
251 = Ethiopia
500 = Falkland Islands
298 = Faroe Islands
679 = Fiji
358 = Finland
33 = France
689 = French Polynesia
241 = Gabon
220 = Gambia
9970 = Gaza Strip
995 = Georgia
49 = Germany
233 = Ghana
350 = Gibraltar
30 = Greece

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299 = Greenland
1473 = Grenada
1671 = Guam
502 = Guatemala
224 = Guinea
245 = Guinea-Bissau
592 = Guyana
509 = Haiti
9039 = Holy See (Vatican City)
504 = Honduras
852 = Hong Kong
36 = Hungary
354 = Iceland
91 = India
62 = Indonesia
98 = Iran
964 = Iraq
353 = Ireland
9044 = Isle of Man
972 = Israel
39 = Italy
225 = Ivory Coast
1876 = Jamaica
81 = Japan
962 = Jordan
9007 = Kazakhstan
254 = Kenya
686 = Kiribati
381 = Kosovo
965 = Kuwait
996 = Kyrgyzstan
856 = Laos
371 = Latvia
961 = Lebanon
266 = Lesotho
231 = Liberia
218 = Libya
423 = Liechtenstein
370 = Lithuania
352 = Luxembourg
853 = Macau
389 = Macedonia
261 = Madagascar
265 = Malawi
60 = Malaysia
960 = Maldives
223 = Mali
356 = Malta
692 = Marshall Islands
222 = Mauritania
230 = Mauritius
262 = Mayotte

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52 = Mexico
691 = Micronesia
373 = Moldova
377 = Monaco
976 = Mongolia
382 = Montenegro
1664 = Montserrat
212 = Morocco
258 = Mozambique
264 = Namibia
674 = Nauru
977 = Nepal
31 = Netherlands
599 = Netherlands Antilles
687 = New Caledonia
64 = New Zealand
505 = Nicaragua
227 = Niger
234 = Nigeria
683 = Niue
9672 = Norfolk Island
850 = North Korea
1670 = Northern Mariana Islands
47 = Norway
968 = Oman
92 = Pakistan
680 = Palau
507 = Panama
675 = Papua New Guinea
595 = Paraguay
51 = Peru
63 = Philippines
870 = Pitcairn Islands
48 = Poland
351 = Portugal
9001 = Puerto Rico
974 = Qatar
242 = Republic of the Congo
40 = Romania
7 = Russia
250 = Rwanda
590 = Saint Barthelemy
290 = Saint Helena
1869 = Saint Kitts and Nevis
1758 = Saint Lucia
1599 = Saint Martin
508 = Saint Pierre and Miquelon
1784 = Saint Vincent and the Grenadines
685 = Samoa
378 = San Marino
239 = Sao Tome and Principe
966 = Saudi Arabia

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221 = Senegal
9381 = Serbia
248 = Seychelles
232 = Sierra Leone
65 = Singapore
421 = Slovakia
386 = Slovenia
677 = Solomon Islands
252 = Somalia
27 = South Africa
82 = South Korea
34 = Spain
94 = Sri Lanka
249 = Sudan
597 = Suriname
268 = Swaziland
46 = Sweden
41 = Switzerland
963 = Syria
886 = Taiwan
992 = Tajikistan
255 = Tanzania
66 = Thailand
670 = Timor-Leste
228 = Togo
690 = Tokelau
676 = Tonga
1868 = Trinidad and Tobago
216 = Tunisia
90 = Turkey
993 = Turkmenistan
1649 = Turks and Caicos Islands
688 = Tuvalu
256 = Uganda
380 = Ukraine
971 = United Arab Emirates
44 = United Kingdom
1 = United States
598 = Uruguay
1340 = US Virgin Islands
998 = Uzbekistan
678 = Vanuatu
58 = Venezuela
84 = Vietnam
681 = Wallis and Futuna
970 = West Bank
967 = Yemen
260 = Zambia
263 = Zimbabwe

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QUESTOINNAIRE 2

FOLLOW UP QUESTIONNAIRE

QUESTION	TYPE OF FIELD	EXAMPLE
<p>SCREEN 1 – REITERATION OF DEMOGRAPHIC AND TYPE OF STATUS EPILEPTICUS AND TREATMENTS REPORTED IN FIRST QUESTIONNAIRE – On – [date] <i>Date reported : 1.1.2012</i> <i>Reporting doctor: John Smith</i> <i>Hospital: National Hospital London</i> <i>Patient age: 16 years</i> <i>Patient gender: Male</i> <i>Duration of status epilepticus before first treatment: <1 hour</i> <i>Duration of status epilepticus before first anaesthetic administered: 14 days</i> <i>Prior History of epilepsy: Yes</i> <i>Cause of status epilepticus: Encephalitis</i> <i>Type of status epilepticus: Convulsive</i></p> <p>Therapy reported by [date]</p> <ul style="list-style-type: none"> - <i>Anaesthetics – Propofol for 1 day, thiopental for 3 days and midazolam for 10 days</i> - <i>Antiepileptics – Phenytoin – 3 days</i> <i>Phenobarbital – 5 days</i> <i>Topiramate – Still being treated with this drug</i> - <i>Order of use – 1st Phenobarbital , 2nd Phenytoin</i> - <i>Other therapies – Hypothermia – 10 days</i> <i>Ketogenic – Still being treated with this therapy</i> <i>Magnesium – one-off therapy</i> - Order of use – 1st Hypothermia 2nd Magnesium, 3rd Ketogenic diet <p>Then the questions below</p>		
Date	Calendar	13.1.2012
Name of doctor filling in form	Free text – but converted into number by computer	John Smith
Are there any amendments or changes to this information ? please specify	Free text box	Cause of status shown to be stroke not encephalitis
What is the current status of therapy, as far as you are aware	Drop down menu (a)	Yes – continuing intensive therapy
SCREEN 2 – ANAESTHETICS		
Since last report, please specify anaesthetics used		
First anaesthetic therapy used	Drop down menu – see (b) below	Propofol
Duration of use of first anaesthetic	Drop down menu – see (c) below	1 day

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Second anaesthetic therapy used	Drop down menu – see (b) below	<i>Thiopental</i>
Duration of use of second anaesthetic	Drop down menu – see (c) below	<i>3 days</i>
Third anaesthetic therapy used	Drop down menu – see (b) below	<i>Midazolam</i>
Duration of use of third anaesthetic	Drop down menu – see (c) below	<i>10 days</i>
Fourth anaesthetic therapy used	Drop down menu – see (b) below	<i>Ketamine</i>
Duration of use of fourth anaesthetic	Drop down menu – see (c) below	<i>5 days</i>
SCREEN 3 - ANTIEPILEPTICS		
Since last report, please specify antiepileptics used		
First Antiepileptic used	Drop down menu – see (d) below	<i>Phenytoin</i>
Duration of use of first antiepileptic	Drop down menu – see (e) below	<i>3 days</i>
Second Antiepileptic used	Drop down menu – see (d) below	<i>Levetiracetam</i>
Duration of use of second antiepileptic	Drop down menu – see (e) below	<i>6 days</i>
Third Antiepileptic used	Drop down menu – see (d) below	<i>Topiramate</i>
Duration of use of third antiepileptic	Drop down menu – see (e) below	<i>Still being treated with this drug</i>
Fourth Antiepileptic used	Drop down menu – see (d) below	<i>Phenobarbital</i>
Duration of use of fourth antiepileptic	Drop down menu – see (e) below	<i>3 days</i>
Fifth Antiepileptic used	Drop down menu – see (d) below	<i>None</i>
Duration of use of fifth antiepileptic	Drop down menu – see (e) below	
SCREEN 4 – OTHER THERAPIES		
Since last report, please specify other therapies used		
First other therapy used	Drop down menu – see (f) below	<i>Steroids</i>
Duration of use of first other therapy	Drop down menu – see (g) below	<i>5 days</i>
Second other therapy used	Drop down menu – see (f) below	<i>ECT</i>
Duration of use of second antiepileptic	Drop down menu – see (g) below	<i>on-off therapy</i>
Third other therapy used	Drop down menu –	<i>none</i>

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	see (f) below	
Duration of use of third other therapy	Drop down menu – see (g) below	
Fourth other therapy used	Drop down menu – see (f) below	<i>none</i>
Duration of use of fourth other therapy	Drop down menu – see (g) below	

DROP DOWN MENUS

a	<ul style="list-style-type: none">- Continuing intensive therapy*- Recovered from status epilepticus and receiving maintenance therapy only**- Therapy withdrawn**- Died***- I am no longer aware of his therapy***
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* Send next follow up questionnaire in 2 weeks

** Send questionnaire 3 (outcome) immediately

*** Do not send any more questionnaires

b	<ul style="list-style-type: none">PropofolThiopentalPentobarbitalMidazolamKetamineInhalational anaesthetics (specify – free text box)Other (specify – free text box)Don't know
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c	<ul style="list-style-type: none">Still being treated with this drug24 hours or less1-7 days8-14 daysMore than 14 days (specify – free text box)Other (specify – free text box)Don't know
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d	<ul style="list-style-type: none">PhenytoinPhenobarbitalValproateLevetiracetamCarbamazepine
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	Clonazepam Clobazam Other benzodiazepine (specify – free text box) Topiramate Lamotrigine Oxcarbazepine Pregabalin Gabapentin Zonisamide Lacosamide Retigabine Perampenil Vigabatrin Other (specify – free text box) None Don't know
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e	Still being treated with this drugs 24 hours or less 1 day 2 days 3 days 4 days 5 days 6 days 7 days 8-14 days More than 14 days Other (specify – free text box) Not known
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f	Hypothermia Neurosurgery (specify type – free text box) Steroids IVIg Plasma exchange Ketogenic diet Electroconvulsive therapy (ECT), course of Vagal nerve stimulation (VNS) Transcranial magnetic stimulation (TMS). course of Other (specify – free text box) None Don't know
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g	Still being treated with this therapy
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On-off therapy 24 hours or less 1-7 days 8-14 days More than 14 days (specify – free text box) Other (specify – free text box) Don't know

QUESTIONNAIRE 2 - short version - 2 weeks follow up

What is the current status of therapy, as far as you are aware	Drop down menu (a)	<i>Patient died</i>
Are there any amendments or changes to this information? please specify	Free text box	<i>Cause of status shown to be stroke not encephalitis</i>
Did the patient receive any further therapies since last report (anaesthetics, antiepileptics or other..)	Free text box	<i>None</i>

QUESTIONNAIRE 3 - OUTCOME AT TIME OF DISCHARGE FROM ITU OR DEATH

Question	Format	Example
SCREEN 1		
Is the patient dead or alive	Drop down menu (a)	<i>Alive</i>
Duration of stay in ITU (alive /dead at end of ITU stay)	Drop down menu (b)	<i>10 days</i>
Outcome on termination of anaesthesia	Drop down menu (c)	<i>Rankin score 3</i>
Was active treatment withdrawn	Drop down menu (d)	<i>No</i>

QUESTIONNAIRE 4 - 3 and 6 month outcome

Question	Format	Example
SCREEN 1		
Longer term outcome if known	Drop down menu (c)	<i>Rankin score 2</i>

DROP DOWN MENUS

a	Alive Dead Not known
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b	Number of days (please specify) Not known Other (please specify)
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c	<p>0 - No symptoms.</p> <p>1 - No significant disability. Able to carry out all usual activities, despite some symptoms.</p> <p>2 - Slight disability. Able to look after own affairs without assistance, but unable to carry out all previous activities.</p> <p>3 - Moderate disability. Requires some help, but able to walk unassisted.</p> <p>4 - Moderately severe disability. Unable to attend to own bodily needs without assistance, and unable to walk unassisted.</p> <p>5 - Severe disability. Requires constant nursing care and attention, bedridden, incontinent.</p>
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	6 - Dead. Not known
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d	Yes No Not known Other (please specify)
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